



The Edge Martial Arts & Fitness
 1654 Market Drive | Stillwater, MN 55082
 School (651) 351-7750 – info@edgemn.com
 www.EdgeMN.com

Belt levels	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
DOORS OPEN	3:30 PM	3:30 PM	5:00 PM	5:00 PM	5:00 PM	9:45 AM	
A = CLASSROOM A B = CLASSROOM B							
Dragons (4-6)	6:45 - B	4:30 - B	5:15 - B	5:15 - B	5:15 - A	10:00 - B	
AGES 7 TO 12							
White, Gold, Green	6:00 - B	5:15 - B	6:00 - B		6:45 - B	6:00 - A	10:00 - A
Purple, Blue, Red Stripes	5:15 - B	6:00 - B	5:15 - A		6:00 - B	6:45 - A	10:45 - A
Red, Browns, Black Stripes	5:15 - A	5:15 - A	5:15 - A		6:45 - A	6:45 - A	10:45 - A
Black	5:15 - A	5:15 - A	6:00 A	5:15 A	6:45 - A	6:45 - A	10:45 - A
AGES 13 TO 99							
White, Gold, Green	7:30 - B	6:45 - B	6:00 - B		7:30 - A	6:00 - A	10:00 - A
Purple, Blue, Red Stripes	7:30 - B	6:45 - B	6:45 - A		7:30 - A	6:45 - A	10:45 - A
Red, Browns, Black Stripes	6:45 - A	7:30 - A	6:45 - A		6:45 - A	6:45 - A	10:45 - A
Black	6:45 - A	7:30 - A	6:00 A	6:45 A	6:45 - A	6:45 - A	10:45 - A
CLOSE	8:30 PM	8:30 PM	8:30 PM	8:30 PM	7:45 PM	11:45 AM	
J I U - J I T S U	6:00 - A	6:00 - A	6:45 - B	6:00 - A	JIU-JITSU GI REQUIRED		
POINT SPARRING CLASSES		CURRICULUM CLASSES		COMPETITION TEAM			
ALWAYS POINT SPARRING FULL SPARRING GEAR REQUIRED EDGE T-SHIRTS ARE ALLOWED		SEE UNIFORMS BLOW		TUESDAYS - 6:45PM 3 MONTH SEASON TOURNAMENT PARTICIPATION REQUIRED			
UNIFORM OPTIONS FOR CLASS TYPES							
STRIKING / SPARRING	SELF-DEFENSE		JIU-JITSU (BJJ)		WORKOUT		
TRADITIONAL SPARRING UNIFORM	TRADITIONAL JIU-JITSU (ADV)		JIU-JITSU		TRADITIONAL N-VECK UNIFORM EDGE T-SHIRT/HOODY		

Students should bring all required equipment and proper uniform to class. Students may not be allowed in class without proper uniform, belt, or gear for class focus. Students need to be ready before class and need to enter classroom before bow in. Late students may not be allowed to attend class.