



The Edge Martial Arts & Fitness
 1654 Market Drive | Stillwater, MN 55082
 School (651) 351-7750 - info@edgemn.com
 www.EdgeMN.com

Belt levels	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DOORS OPEN	5:00 PM	4:15 PM	5:00 PM	5:00 PM	5:00 PM	9:45 AM
A = CLASSROOM A B = CLASSROOM B						
Dragons (4-6)	6:45 - B	4:30 - B	5:15 - B	5:15 - B	5:15 - A	10:00 - B
AGES 7 TO 12						
White, Gold, Green	6:00 - B	5:15 - B	6:00 - B	6:45 - B	6:00 - A	10:00 - A
Purple, Blue, Red Stripes	5:15 - B	6:00 - B	5:15 - A	6:00 - B	6:45 - A	10:45 - A
Red, Browns, Black Stripes	5:15 - A	5:15 - A	5:15 - A	6:45 - A	6:45 - A	10:45 - A
Black	5:15 - A	5:15 - A	6:00 A 5:15 A	6:45 - A	6:45 - A	10:45 - A
AGES 13 TO 99						
White, Gold, Green	7:30 - B	6:45 - B	6:00 - B	7:30 - A	6:00 - A	10:00 - A
Purple, Blue, Red Stripes	7:30 - B	6:45 - B	6:45 - A	7:30 - A	6:45 - A	10:45 - A
Red, Browns, Black Stripes	6:45 - A	7:30 - A	6:45 - A	6:45 - A	6:45 - A	10:45 - A
Black	6:45 - A	7:30 - A	6:00 A 6:45 A	6:45 - A	6:45 - A	10:45 - A
CLOSE	8:30 PM	8:30 PM	8:30 PM	8:30 PM	7:45 PM	11:45 AM
JIU - JITSU	6:00 - A	6:00 - A	7:30 - B	6:00 - A	JIU-JITSU GI REQUIRED	
WORKOUT (16+)	7:30 - A		7:30 - A	EDGE SHIRT & BOXING GLOVES		
POINT SPARRING CLASSES ALWAYS POINT SPARRING FULL SPARRING GEAR REQUIRED		CURRICULUM CLASSES SEE UNIFORMS BELOW		COMPETITION TEAM TUESDAYS - 6:45PM		
UNIFORM OPTIONS FOR CLASS TYPES						
STRIKING	SPARRING	SELF-DEFENSE	JIU-JITSU (BJJ)	WORKOUT		
TRADITIONAL V-NECK UNIFORM	TRADITIONAL V-NECK UNIFORM T-SHIRT	TRADITIONAL JIU-JITSU (ADV)	JIU-JITSU	TRADITIONAL N-VECK UNIFORM EDGE T-SHIRT/HOODY		

Students should bring all required equipment and proper uniform to class. Students may not be allowed in class without proper uniform, belt, or gear for class focus. Students need to be ready before class and need to enter classroom before bow in. Late students may not be allowed to attend class.