



The Edge Martial Arts & Fitness  
 1654 Market Drive | Stillwater, MN 55082  
 School (651) 351-7750 - info@edgemn.com  
 www.EdgeMN.com

Belt levels	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DOORS OPEN	5:00 PM	4:15 PM	5:00 PM	5:00 PM	5:00 PM	9:45 AM
A = CLASSROOM A   B = CLASSROOM B						
Dragons (4-6)	6:45 - B	4:30 - B	5:15 - B	5:15 - B	5:15 - A	10:00 - B
<b>AGES 7 TO 12</b>						
White, Gold, Green	6:00 - B	5:15 - B	6:00 - B	6:45 - B	6:00 - A	10:00 - A
Purple, Blue, Red Stripes	5:15 - B	6:00 - B	5:15 - A	6:00 - B	6:45 - A	10:45 - A
Red, Browns, Black Stripes	5:15 - A	5:15 - A	5:15 - A	6:45 - A	6:45 - A	10:45 - A
Black	5:15 - A	5:15 - A	6:00 A 5:15 A	6:45 - A	6:45 - A	10:45 - A
<b>AGES 13 TO 99</b>						
White, Gold, Green	7:30 - B	6:45 - B	6:00 - B	7:30 - A	6:00 - A	10:00 - A
Purple, Blue, Red Stripes	7:30 - B	6:45 - B	6:45 - A	7:30 - A	6:45 - A	10:45 - A
Red, Browns, Black Stripes	6:45 - A	7:30 - A	6:45 - A	6:45 - A	6:45 - A	10:45 - A
Black	6:45 - A	7:30 - A	6:00 A 6:45 A	6:45 - A	6:45 - A	10:45 - A
CLOSE	8:30 PM	8:30 PM	8:30 PM	8:30 PM	7:45 PM	11:45 AM
J I U - J I T S U	6:00 - A		7:30 - B	6:00 - A	JIU-JITSU GI REQUIRED	
WORKOUT (16+)	7:30 - A	6:00 - A	7:30 - A		EDGE SHIRT & BOXING GLOVES	
<b>SPARRING CLASSES</b>		<b>CURRICULUM CLASSES</b>		<b>COMPETITION TEAM</b>		
ALWAYS SPARRING CLASS SPARRING GEAR REQUIRED		SEE UNIFORMS BELOW		ALL LEVELS TUE - 6:45PM ADVANCED THUR. 7:30PM		
<b>UNIFORM OPTIONS FOR CLASS TYPES</b>						
<b>STRIKING</b>	<b>SPARRING</b>	<b>SELF-DEFENSE</b>	<b>BJJ</b>		<b>WORKOUT</b>	
TRADITIONAL COMP UNIFORM	TRADITIONAL COMP UNIFORM T-SHIRT	TRADITIONAL JIU-JITSU (ADV)	JIU-JITSU		TRADITIONAL COMP UNIFORM EDGE APPAREL	

*Students should bring all required equipment and proper uniform to class. Students may not be allowed in class without proper uniform, belt, or gear for class focus. Students need to be ready before class and need to enter classroom before bow in. Late students may not be allowed to attend class.*